



Established Since 1991

Located in Beautiful Belle Ewart By The Lake

917 Sheppards Trail, Belle Ewart, Innisfil, ON, L0L 1C0

Office: 705 999 7140 Cell: 705 2291200

Services by Appointment Only

HOLISTIC HEALTH ASSESSMENT

Full Assessment 60 min \$ 45

BOWEN THERAPY

First Treatment 90 min \$ 120
 Whole Body Treatment 60 min \$ 80 3 pack \$ 210
 Tune Ups & Children 30 min \$ 50 3 pack \$ 130
 Bowen Lymphatic Drainage 60 min \$ 80
 Bowen Chakra Treatment 30 min \$ 50
 Bowen Bunion Treatment 30 min \$ 40

AROMATHERAPY

Lymphatic Drainage Massage

Aromatherapy Back Treatment 30 min \$ 50
 Aromatherapy Body Treatment 60 min \$ 70

REFLEXOLOGY

Reflexology for Hand or Feet 30 min \$ 40
 Reflexology for Hands & Feet 60 min \$ 60
 Add Massage For Legs 30 min \$ 40
 15 minutes each leg
 Add Massage For Legs 60 min \$ 80
 30 minutes each leg

INDIAN HEAD MASSAGE

Mini Indian Head Massage 15 min \$ 30
 Indian Head Massage 30 min \$ 45
 Indian Head Massage 60 min \$ 65
 Indian Head Massage 60min 5 x Series \$ 300

THAI HERBAL STEM MASSAGE

Thai Facial Massage 60 min \$ 80
 Thai Back Massage 60 min \$ 100
 Thai Full Body Massage 90 min \$ 130

HOT STONE MASSAGE

Hot Stone Back Treatment 30 min \$ 60
 Hot Stone Full Body Treatment 60 min \$ 80
 Hot Stone Full Body Treatment 90 min \$ 110

COLD STONE MASSAGE

Cold Stone Back Treatment 30 min \$ 40
 Cold Stone Full Body Treatment 60 min \$ 70

HOT & COLD STONE MASSAGE

Hot & Cold Stone Full Treatment 60 min \$ 90

THE BARS

Sample Treatment 15min \$ 25
 Intro Bars 30min \$ 40
 Running of the Bars 60min \$ 70
 Running of the Bars 3 x 60min \$ 180

CHAKRA CRYSTAL THERAPY

Chakra Balancing Treatment 60 min \$ 50

MICRO-CURRENT THERAPY

15min \$ 25 5 x 15min \$ 110
 30min \$ 35 5 x 30min \$ 155
 45min \$ 45 5 x 45min \$ 200

FAR INFRARED HEAT THERAPY (FIR)

FIR HEAT PAD/WRAP

15min \$ 12 5 x 15min \$ 50
 30min \$ 20 5 x 30min \$ 85
 45min \$ 30 5 x 45min \$ 130
 60min \$ 40 5 x 60min \$ 175

FIR HEAT DOME

15min \$ 22 5 x 15min \$ 98
 30min \$ 40 5 x 30min \$ 160
 45min \$ 60 5 x 45min \$ 240
 60min \$ 80 5 x 60min \$ 320

FIR HEAT WRAP & DOME TOGETHER

15min \$ 30 5 x 15min \$ 120
 30min \$ 55 5 x 30min \$ 220
 45min \$ 80 5 x 45min \$ 320
 60min \$ 105 5 x 60min \$ 420

OXYGEN MASSAGE EXERCISOR "OME"

1 10 min. Intro OME \$ 15
 Take 5-10 min. OME Sessions \$ 50
 Take 5-15 min. OME Sessions \$ 70

TEEN SPA SERVICES (12-17)

Teens are welcome to enjoy any of our other spa services as well

Manicure \$ 15
 Pedicure \$ 25
 Basic Facial \$ 30
 Facial with Mask \$ 35

PRINCESS SPA SERVICES (7-11)

Princess must be accompanied by a paying adult.

Manicure \$ 10
 Pedicure \$ 20
 Basic Facial \$ 25
 Facial with Mask \$ 30

Victoria's Holistic Day Spa Prices

June 2017



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WELLNESS PACKAGES

Thai Hot Stem Full Treatment 1.5hrs, 30 minutes of the Bars
120 minutes \$155 3pk \$420

Full Aroma Body Massage 60 min., Reflexology Feet 30 min.,
30 min. of the Bars
120 minutes \$135 3pk \$375

Full Indian Head Massage 60 min., 30 min. of the Bars
90 minutes \$99 3pk \$275

DAY SPA PACKAGES

"BOOST ME UP"

2 hrs 50 min *Manicure, *Pedicure & Spa Facial
Reg. \$110.00 Special \$99.00

"THE HEAVENLY GODDESS"

1 hrs 45 min Hot Stone Back Massage, Hot Stone Goddess
Facial with Mini Indian Head Massage
Reg. \$150.00 Special \$135.00

"A DAY AT THE SPA"

3 hrs 20 min *Manicure, *Pedicure, Spa Facial & Aroma Back
Massage Treatment
Reg. \$160.00 Special \$144.00

"BODY BLISS PACKAGE"

3 hrs 35 min "OME" Oxygen Massage Exerciser, *Pedicure,
Full Body Aroma Massage & Indian Head Massage
Reg. \$195.00 Special \$175.00

"DELUXE AROMATHERAPY

DAY AT THE SPA"

5 hrs 20 min
Manicure, *Pedicure, Ter Tonic Facial,
Full Aroma Body Massage & Indian Head Massage
Reg. \$255.00 Special \$229.00

Victoria Goodman CBT, CAHP

Owner/Operator

For Full Spa Service Descriptions,

Please Visit Our Website:

www.victoriasholisticdayspa.ca

FACIAL TREATMENTS

Basic Spa Facial	30 min	\$ 40
Ter Tonic Facial	60 min	\$ 50
Goddess Facial	60 min	\$ 60
Ayurvedic Clay Facial	60 min	\$ 60
Micro Current Lift Facial	75 min	\$ 70
Makeup Application with best colours	30 min	\$ 30
Brow Tint	15 min	\$ 15

HAND & FOOT CARE TREATMENTS

*Includes warm soak, smoothing of calluses,
cuticle work & reflexology massage

PEDICURE Just TRIM & FILE	15 min	\$ 20
*Pedicure no polish	60 min	\$ 30
*Pedicure with polish/clear coat	80 min	\$ 40
*Pedicure French	90 min	\$ 50
MANICURE Just TRIM & FILE	15 min	\$ 16
*Manicure no polish	40 min	\$ 20
*Manicure with polish/clear coat	60 min	\$ 30
*Manicure French	80 min	\$ 40

NOTE:

**Removal of Shellac or Gel Polish is an extra
\$ 20.00 per 30 min.**

ADD ON'S Hands or Feet

Polish Change	20 min	\$ 15
Instant Nail Repair	15 min	\$ 15
Dead Sea Salt Scrub	10 min	\$ 10
Dead Sea Mud Mask	15 min	\$ 12

HAIR REMOVAL USING WARM WAX

Lip, Chin, or Brow	10 min	\$ 10
Sides	10 min	\$ 15
Full Face	30 min	\$ 24
Bikini OR Underarms	30 min	\$ 25
Bikini with Upper Inner Thigh	30 min	\$ 30
Bikini with Upper Legs	40 min	\$ 40
Bikini with Entire Legs	60 min	\$ 70
Entire Legs	45 min	\$ 50
Lower Legs	30 min	\$ 35
Men's Full Back OR Chest	60 min	\$ 70
Lower Arms OR Shoulders	30 min	\$ 30
Feet and Toes	10 min	\$ 15

MEN'S ONLY ZONE

The Executive Hand and Foot Treatment	60 minutes	\$ 50
Sports Hand Care	25 minutes	\$ 20
Sports Foot Care	45 minutes	\$ 35
Men's Facial Package	60 minutes	\$ 90
Cooling Quench Package	90 minutes	\$ 120
Men's Retreat Package	120 minutes	\$ 135

Prices Subject To Change.